

nārāyana āthaṛva śīrśaṃ

ōṃ ḷ saha nā'-vavatu ḷ saha no'w bhunaktu ḷ saha vīr-ya'ṅ-
kara-vāva-hai ḷ tējas-vinā-vadhī'-tamastu mā vi'd-vishā-
vahaī^ ḷ ōṃ śāntiś śāntiś śānti'h ḷḷ

ōṃ atha purushō ha vai nārāyanō kāma-yatap prajāḥ sṛu'jē-
yēti ḷ nārāyanāt-prā'nō jāyatē ḷ manas sarvēn-dri'yāṇi ca ḷ
khamvāyur-jyōti-rāpaf pṛuthivī viś-va'sya dhārinī ḷ nārāyaṇād
bra'hmā jāyatē ḷ nārāyaṇād ru'drō jāyatē ḷ nārāyaṇā-di'ndrō
jāyatē ḷ nārāyaṇāt-prajā-pata-yaf pra'jā-yantē ḷ nārāyaṇād
dvāda-śā-dityāḥ rudrā vasa-vas-sarvāṇi ca cha'ndāgum̐si ḷ
nārāyaṇā-dēva samut-pa'd-dyantē ḷ nārāyaṇē pra'var-tantē ḷ
nārāyaṇē pra'li-yantē ḷ

ōṃ ḷ atha nityō' nārāyaṇaḥ ḷ brahmā nā'rāyaṇaḥ ḷ śivaś-ca'
nārāyaṇaḥ ḷ śak-kraś-ca' nārāyaṇaḥ ḷ dyāvā-pṛuthiv-yow ca'
nārāyaṇaḥ ḷ kālaś-ca' nārāyaṇaḥ ḷ diśaś-ca' nārāyaṇaḥ ḷ
ūrdhvaś-ca' nārāyaṇaḥ ḷ adhaś-ca' nārāyaṇaḥ ḷ antar-bahiś-ca'
nārāyaṇaḥ ḷ nārāyaṇa yēvē'-dagum̐ sarvaṃ ḷ yad-bhūtaṃ yac-
ca bhavyaṃ^ ḷ nish-kalō niraṅ-janō nirvi-kalpō nirā-khyātaś
śuddhō dēva-yēkō' nārā-yaṇaḥ ḷ nad dvitī-yō^sti kaś-ci't ḷ
ya yē'vaṃ vēda ḷ sa vishṇu-rēva bhavati sa vishṇu-rē'va
bhavati ḷ

ōmitya'grē vyā-harēt ḷ nama i'ti paś-cāt ḷ nārāyaṇā-yēt-yu'pa-
riṣṭāt ḷ ōmi'tyē-kā-kśaraṃ ḷ nama iti'd dvē akśarē ḷ nārāyanā
-yēti paṅcā^k-kśarāṇi ḷ yētaḍ-vai nārāyanas-yāshṭā-kśa'raṃ
padaṃ ḷ yō ha vai nārāyaṇas-yāshṭā-kśaraṃ pada'-madhyēti ḷ

anapab-bruvas-sarva-mā'yu-rēti | vindatē prā'jā-patya-guṃ
rāyaspōsha'm gow-patyaṃ | tatō-mṛutat-tva-maś-nutē tatō-
mṛutat-tva-maś-nu'taiti | ya yē'vaṃ vēda ||

pratya-gānandaṃ brahma puruṣaṃ praṇa-va'sva-rūpaṃ |
akāra ukāra makā'ra iti | tānē-kadhā sama-bharat-tadē-ta'dō-
miti | yamuk-tvā' muc-ya'tē yōgī, janma-saṃsā'ra-bandhanāt |
ōṃ namō nārāyaṇā-yēti ma'ntrō-pāsakaḥ | vaikuṇṭha-bhuvana-
lōka'm gamish-yati | tadi-daṃ paraṃ puṇda-rīkaṃ vi'gṃāna-
ghanam | tasmāt-tadidā'-van-mātraṃ | brahmaṇyō dēva'kī-
putrō brah-manyō ma'dhu-sūdhanōṃ | sarva-bhūtas stha-
mēka'm nārāyaṇam | kāraṇa-rūpa-makāra pa'rab-brahmōṃ |
yēta-datharva śirō'-yō-dhītē | prātara'dhī-yānō rātri-kṛtaṃ
pāpa'm nāśa-yati | sāya-ma'dhī-yānō divasa-kṛtaṃ pāpa'm
nāśa-yati | mādhyan-dina-mādityā-bhi-mukō'-dhī-yānaḥ |
paṇca-pāta-kōpa-pātakā^t-pramuc-yatē | sarva vēda pārāyaṇa
pu'ṇyam labhate | nārāyaṇa-sāyujya-ma'vāp-nōti nārāyaṇa-
sāyujya-ma'vāp-nōti | ya yē'vaṃ vēda | ityu'pa-nisha't |

ōṃ niraṇja-nāya' vidmahē' nirā-bāsāya' dhīmahī |
tanna's srīnivāsaf pracōdayā^t ||
ōṃ śāntiś śāntiś śānti'h |